

OLIVE AP ACADEMY SUFFOLK NEWSLETTER

Spring Term 2022/23
Edition No. 3



Ofsted Findings

Following the Ofsted inspection on 17 and 18 January we are immensely pleased and proud of our achievement in receiving a graded of **'Good'** in all areas. To be rated 'Good' in all areas is welcome confirmation of our commitment to provide a high quality education for our pupils. The report recognises the significant improvements made at the academy, commenting also on the pace at which changes have been implemented: 'leaders have brought about rapid improvements in the quality of education.'

Throughout the report there is an appreciation for the personalised support we provide and the importance we place on pupil wellbeing and social and emotional needs, which I'm sure you'll agree is paramount for our children. We will continue to build upon the successes identified by Ofsted in its report by continuing to monitor the effectiveness of the curriculum, making adjustments where necessary, so that all pupils make the strongest progress possible, both academically and personally. Thanks go to our staff, pupils, governors and families who all play a role in ensuring the academy is an effective place to learn, work and succeed. we thank you for your continued support.

Just a reminder that the full report is available on to read on our academy website <https://apsuffolk.oliveacademies.org.uk/our-curriculum/our-ofsted-reports>.

Key Dates For Your Diary

TERM DATES

Easter Holidays - Monday 3 April to Friday 14 April 2023

Summer Term 2023

Monday 17 April to Friday 21 July 2023

Early May Bank Holiday - Monday 1 May 2023

Coronation Bank Holiday - Monday 8 May 2023

Half Term - Monday 29 May to Friday 2 June 2023

INSET Day - Friday 23 June 2023

Last Day of Summer Term - Friday 21 July 2023

MISC. DATES

4th April 2023 - Red Cross Awareness Day

5th June 2023 - World Environment Day

Top 5 Olive Way Themes for Next Term

Earth Day

Local and Community History Month

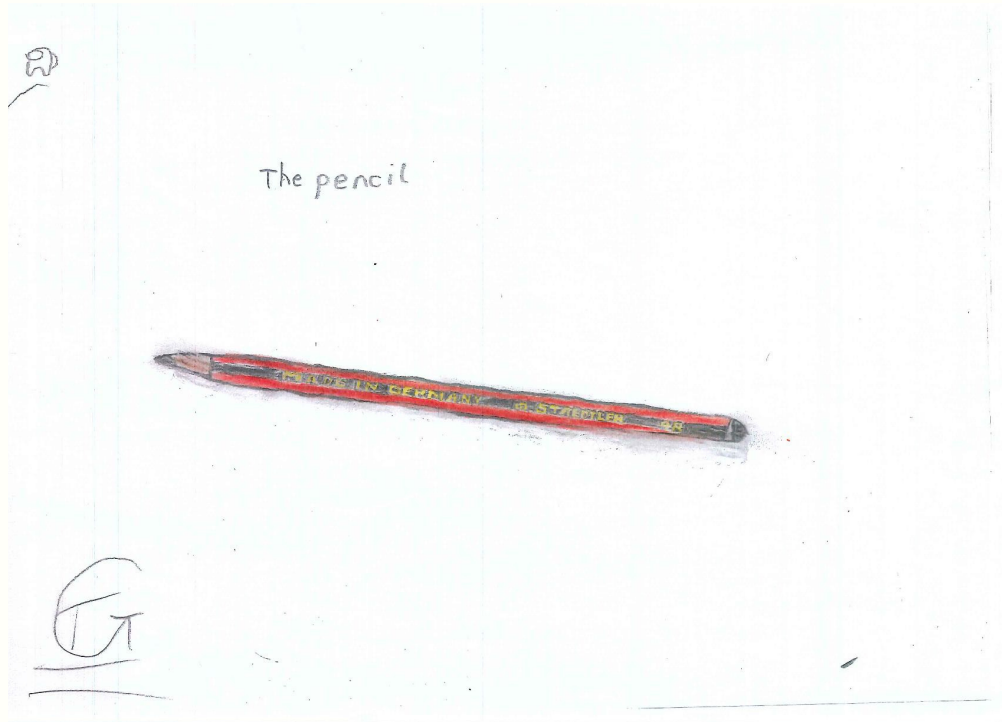
Deaf Awareness Week

King's Coronation

Cultural Diversity Week

Key Stage 2 Artwork

In art pupils have been learning about the artist Marcello Barenghi who creates hyperrealist drawings. Tristan in Key Stage 2 had a go at creating his own piece in this style by drawing a pencil, focusing on shading and tone. He has created a fantastic piece using highly skilled techniques.



Beach Class Updates

We are pleased to say that Beach class continues to grow in numbers.



We have built wooden bird boxes and planted a willow hedge with the hope this will produce a hedge for birds and small mammals to give shelter and food.

On the windowsill we have been nurturing some plants, watching them grow from a bulb into some beautiful flowers. We have measured their growth then found out the names of the parts.



Monday 27th February saw the beginning of Fair Trade Fortnight – we read about the history of Fair trade then completed some maths work about Fair Trade prices.

Product	Price
£1.55	
£2.40	
£3.75	
£3.10	
£1.96	
£1.10	



Beach class walked to Asda where we predicted there would be lots of Fair Trade items in the store. We found roses, Maltesers , fair trade bananas, Asda finest coffee, Clipper tea, Green and Black chocolate and hot chocolate, Malteser and Green and Black Easter eggs.



Product	Aisle number	Cost
Coffee	10	£3
Tea	10	230
Hot chocolate	10	2.75 (£0.25)
Ice Cream		5.35
Chocolate	13	£1.65
	8	£2.25
	1	£5
	1	£1



So if you can buy Fair Trade please do as it supports farmers and workers to protect their lands, their health and their future.

Did you know...?

Greggs have sold Fairtrade coffee, tea and hot chocolate since 2013!

Holiday Activities

HAF Programme

The Holiday Activity & Food (HAF) Programme is back for the 2023 Easter holidays.

HAF is backed by funding from The Department for Education to provide enriching activities to children and young people, particularly those who receive free school meals. The holiday clubs can involve helping young people experience new and enriching activities from sports, music, dance, and drama, to art, culture, cooking and gardening, as well as improving socialisation, helping children & young people to have fun with friends during the holidays.

Parents and carers across Suffolk may be eligible to receive benefit from free holiday club's places for children and young people over the school holidays through HAF - the academy has sent home codes for those pupils who are eligible.

Further details can be found at:

Suffolk InfoLink | Holiday Activity and Food (HAF)

<https://infolink.suffolk.gov.uk/kb5/suffolk/infolink/advice.page?id=Zj4vWQtEbvA> 2023 in Suffolk

Other Activities:

There are lots of Easter themed activities happening across Suffolk, you can find out more using the following sites:

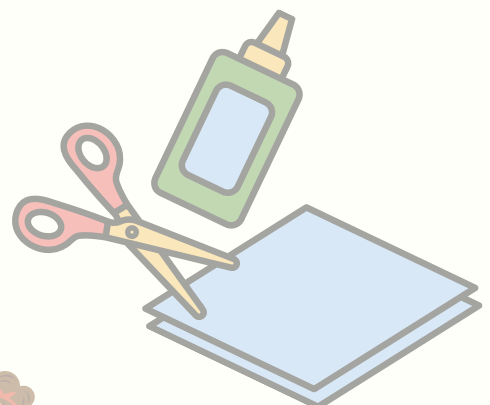
<https://www.visitsuffolk.com/post/easter-events-in-suffolk>

Suffolk New College Events:

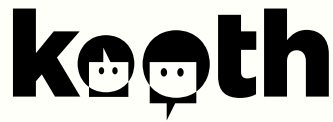
https://www.suffolk.ac.uk/college-life/events/?_event_category=snc-in-a-dayw College

Abbeycroft Leisure Events:

<https://www.acleisure.com/schoolholidays/cleisure.com>



Support for Families over the Holiday Period



Kooth provides free, safe and anonymous online counselling and emotional wellbeing support to young people in Suffolk, aged 11-18 years (up to 19th birthday). The Kooth service is available 365 days a year, from 12 noon until 10 pm weekdays and from 6 pm until 10 pm weekends, and offers young people:

- Virtual drop-ins and chat sessions with qualified counsellors, therapists and support workers
- Peer-to-peer support
- Live moderated forums with other young Kooth members, and
- A wide range of self-help articles

Young people can seek support or advice from Kooth, on the go through their mobile device, about any topic they wish. This could be help coping with exam stress or bullying, seeking help for an eating disorder, dealing with suicidal thoughts or handling sexual abuse.

Visit: www.kooth.com

Suffolk County Council's The Source website is full of information for children and young people including leisure activities, links to emotional health and wellbeing, careers advice and local offers for young people.



Visit <http://thesource.me.uk>



Suffolk Young People's Health Project (also known as 4YP) is a local charity, which provides and coordinates services that improve the social, emotional, and physical health and wellbeing of young people in Suffolk, aged 12-25.

Through advice, guidance and practical support they help young people develop the skills and knowledge to lead healthier, happier, safer and more resilient lifestyles. They give young people the confidence to make better informed choices and enable them to reach their full potential.

Visit <https://4yp.org.uk/>

Other Websites

- New Emotional Wellbeing Gateway – information and support to help you and your family stay mentally well <https://infolink.suffolk.gov.uk/kb5/suffolk/infolink/health.page?healthchannel=1>
- Childline - information about mental health and a free helpline 0800 1111



Supporting young people's mental health

Parent/Carer workshops April – May 2023

These free virtual workshops (Zoom) are designed to provide up to date advice and guidance on how parents and carers can support the young people in their life. The workshops are live and 60 minutes long.

Emotional Regulation

Supporting your child to regulate their emotions

17th April 2023 – 13:00 [Book a place](#)

17th April 2023 – 18:00 [Book a place](#)

Supporting our Young People with Anxiety

For parents to understand anxiety and how to support their child with worry

18th April 2023 – 18:00 [Book a place](#)

Supporting our Young People with Self-Harm

A workshop to offer guidance for parents around self-harm and young people

18th April 2023 – 19:15 [Book a place](#)

Supporting our Young People Manage Big Feelings

A workshop aimed at parents of young people aged up to 11 to help support our children manage difficult emotions

15th May 2023 – 13:00 [Book a place](#)

Supporting our Young People with Low Mood

For parents to understand low mood and how to support their child/teenager

15th May 2023 – 18:00 [Book a place](#)

Building Understanding and Supporting your Child with Tourette's/Tics

This workshop is delivered by clinicians experienced in working with young people with Tourette's/Tic Disorder

16th May 2023 – 18:00 [Book a place](#)

Social Media and Impact on Teenagers' Mental Health

The impact on our teenagers' mental health

16th May 2023 – 19:15 [Book a place](#)

Scan the QR code to find out more and book a place on a workshop or visit www.eventbrite.co.uk and search for Psychology in Schools Team - NSFT

