

The purpose of the PSHE curriculum is to teach and cover the topics of:

- Families
- Respectful Relationships, including Friendships
- Online and the Media
- Being Safe
- Intimate and Sexual Relationships
- Mental Wellbeing
- Internet Safety and Harms
- Healthy Eating
- Drugs, Alcohol and Tobacco
- Health and Prevention
- Basic First Aid
- Changing Adolescent Bodies
- Physical Health and Wellbeing

Our Core Values

- Conviction:**
To develop an understanding of the world around us grow from our knowledge
- Determination:**
To challenge our understanding of the world and see other points of view.
- Reflection:**
Review our understanding and understand why the things we are learning are important
- Ambition:**
To use our knowledge to help develop our lives and the lives of others.

